

Course Syllabus

Spring 2011

Course Title **Independent Study (Career Exploration)**
Catalog Number SDV-928

Credit hours 1 credit hour (transfer elective)
Course description Broadens students' knowledge of personal skills, talents, interests and strengths. Focuses on researching career information and individually exploring a variety of career options, with assistance from the instructor. Students develop action plans for the future. Permission of instructor required.

Instructor Information

Name Carol Roemig-Heusinkveld
Contact Information 141 Iowa Hall (or 115 Iowa Hall)
 319-398-5471
 croemig@kirkwood.edu

Policies, Procedures, Materials & Grades

Course Materials Needed Materials provided by Instructor

Attendance Policy Students are expected to attend scheduled meetings with Instructor.

Americans with Disabilities Act Students with disabilities who need accommodations to achieve course objectives should file an accommodation application with Learning Services, 2063 Cedar Hall, and provide a written plan of accommodation to instructors prior to the accommodation being provided.

Core Course Objectives Students will be able to:

- Increase awareness of the career exploration process.
- Become acquainted with self-evaluative activities.
- Learn how and where to obtain information on careers.
- Explore a career of their choice in depth.
- Learn steps necessary to pursue chosen career.

Learning Outcomes By the end of class, students will be able to:

- Describe the career exploration process.
- Identify their interests and personality type.
- Obtain information on specific careers and careers in general.
- Describe in detail a career they are interested in.
- Have a written action plan to put into use.

Required Activities:

1. Meet with Instructor/Counselor at beginning of semester to review outline of class. **(Session 1)**
2. Write autobiography, to include things such as: favorite classes in high school; favorite leisure activities; career dreams you had as a child/adolescent; work (paid or volunteer) experience you've had, which you enjoyed and why.
3. Read Student Development career brochures (Choosing a Major, Career Choice) and other information from Career Resources Sheet. Discuss what you learned with your Counselor/Instructor. **(Session 2)**
4. Participate in 2 career decision-making workshops (MBTI and I Have a Plan Iowa) through the Student Development Department. Meet with instructor/counselor to review your MBTI and I Have a Plan Iowa results in more depth, and to apply results specifically to careers. **(Session 3)**
5. Obtain occupation/career information from at least 3 different sources (Internet, O-NET, Library, I Have a Plan Iowa, Informational interview with person working in the field). Write a summary about what you learned and share it with Instructor/Counselor. **(Session 4)**
6. Choose one of the following:
 - a) Conduct an informational interview with someone working in a field that interests you. Write summary and share it with Counselor/Instructor.
 - b) Spend a day job shadowing or doing volunteer work in an area of interest. Write summary and share it with Counselor/Instructor. **(Session 5)**
7. At end of class: Write a summary of what you've learned and how it applies to you. Include an action plan for how you will proceed in the future.

Student Evaluation: How Final Grade is determined

Autobiography	5 points
MBTI Workshop	15 points
I Have a Plan Iowa Workshop	15 points
Read brochures and explore online career info from Resource Sheet (provided)	15 points
Written summary of Occ/Career info from 3 sources	10 points
Informational Interview or Job Shadow	20 points
Written summary and ACTION PLAN	20 points
Attend 5 sessions with Instructor/Counselor @25 pts	<u>100 points</u>
TOTAL POSSIBLE	200 points

Grading Scale by %

A	94-100 (188-200)	C-	70-72 (140-145)
A-	90-93 (180-187)	D+	67-69 (134-139)
B+	87-89 (174-179)	D	63-66 (126-133)
B	83-86 (166-173)	D-	60-62 (120-125)
B-	80-82 (160-165)	F	0-59 (119 or lower)
C+	77-79 (154-159)		
C	73-76 (146-153)		